

Ready to Feel the Problem?

Things get in our way. Obstacles confront us and if we don't know how to remove them, we stop trying to go around or through them.

Sometimes we just abandon our intentions, goals, and ambitions because we feel like we have taken on too much.

We reduce our experiences to those that require the least pain or effort. Seriousness infects every moment and pretty soon we are doing nothing but working and suffering.

We have many names for our obstacles: stress, exhaustion, overburden, etc. Then we conjure a million "good reasons" for leaving them right where they are: wedged firmly between us and our visions of a better health, career, relationship, diet, fitness, or weight - in other words - a better life!

Ready to Be the Solution?

Understand that this is not our fault. Our obstacles were conditioned into us by habits of mind, or through disappointments and traumas. The simplest solution is to reverse that conditioning at its source.

Quantum Conditioning winds the threads of undesired conditioning back to their origins, where they are permanently released and dissolved. This makes room to experience *being* our authentic **Self**: the one who is alive, creative, energetic and more than equal to any of life's tests.

The practices are safe, simple, fun, effective and often hilarious. This is why we call our Weekend Events **LIFE PLAYSHOPS**

They are designed to enhance and accelerate your progress in any area you are engaged in improving your being: yoga, fitness, martial arts, career, diet, healing, spiritual practice, relationships & life.

Are you sick and tired of life's brick walls, dead ends and circles?

ARE YOU READY to undo all the negative conditioning of your past?

ARE YOU READY to easily and permanently remove obstacles to your fitness, weight, love, career & other life goals?

ARE YOU READY to create *the environment you need to succeed*?

Quantum Conditioning is a powerful toolkit for removing obstacles, and for becoming the kind of being who simply, fearlessly and naturally embodies the *best me* - the one who doesn't need pretension or protection. The one we might call our authentic '**Quantum**' Self.

We have prepared a **Two Day Life Event** where you will be invited to play with five simple practices designed so that you may experience for yourself the power of the practices we collectively call **Quantum Conditioning**.

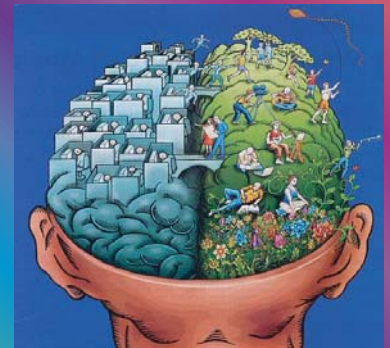
All participants receive a self-assessment and practice package.

All Weekend and Week Events
are announced on our website:

www.selfcure.name

 **Integral Resource** 

THE POWER OF QUANTUM CONDITIONING



ARE YOU READY ?

